

Key Messages to tell children & youth who have been sexually assaulted or abused

It's not your fault.

I believe you.

You are not alone.

I'm going to try to get you some help with this.

Thank you for telling me - you are brave.

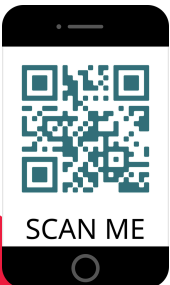
I want to make sure you are safe.

It's okay to have mixed feelings about the person who hurt you, and to not want them to get into trouble.

Your feelings are normal.

Online Sexual Abuse & Exploitation Resources

Children and youth are often targeted for Online Sexual Abuse and Exploitation, including grooming, distribution of their intimate images, deepfakes, and nonconsensual exposure to sexual content. We have curated a list of help links at:



**sassk.ca/
ocsa-gethelp**



First Responder to Sexual Assault & Abuse Training

Equip yourself to understand the signs that a child is being abused, identify when a child is disclosing abuse, and respond appropriately to them. Learn how to support the child, their loved ones, and yourself by taking **First Responder to Sexual Assault and Abuse Training™ (FRT)**.

The purpose of **FRT** is to **teach people** about the social, cultural, and legal factors related to **sexual assault and abuse**. This helps them **understand, recognize and respond** appropriately to the needs of survivors of sexual violence.

This training is for individuals aged 16+



GET TRAINED
sassk.ca/FRT

FRT is a program offered by
Sexual Assault Services of Saskatchewan



sassk.ca info@sassk.ca 306.757.1941
200-2080 Broad Street, Regina, SK S4P 1Y3

THE AGE OF SEXUAL CONSENT



Understanding how age impacts the ability to give consent



How old do children & youth need to be to consent to sexual activity?

FOR ALL PEOPLE UNDER AGE 18

Anyone who is in a relationship of trust, authority, or dependency with someone who is under the age of 18 cannot have a sexual relationship with them.

UNDER 12

It is illegal for anyone to have sexual contact with someone under twelve, even if they agree to it.

AGE 12 AND 13

Can consent to sexual activity with someone who is less than two years older than them.

AGE 14 AND 15

Can consent to sexual activity with someone who is less than five years older than them.

AGE 16+

Can consent to sexual activity, even if the other person is much older than them.

CHILD'S AGE

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20+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

What to do if a child or youth is being abused

Every adult with a reasonable suspicion that a child's/youth's mental health or welfare has been, or may be, impacted by abuse or neglect has a legal duty to report their information immediately to a local Ministry of Social Services Child Protection Office, First Nations Child and Family Services Agency or Police.

Report using these numbers

CONSENT IS...

Consent is an on-going agreement that expresses the needs, desires, and boundaries of individuals interacting with each other through clear, direct communication.

Yes

Consent means a clear yes from each partner.

Consent means each time partners engage in sexual activity they agree on what they are doing.

Again

Does this feel good?

Consent means partners are checking in with each other during sexual activity.

Consent means each partner can say no at any time - even if they said yes before.

I don't want to anymore.

Consent means "yes" without pressure, coercion, or bribes.

Sources:

Association of Alberta Sexual Assault Services. (2019). First Responder to Sexual Assault and Abuse Training: Participant Workbook.

Government of Canada. (2008). Criminal Code, R.S.C. 1985, c.C-46, s. 273.1.

Government of Saskatchewan. (n.d.). Duty to Report.

Ministry of Social Services
Child Protection Lines

Regina (South) 1-844-787-3760
Prince Albert (North) 1-866-719-6164
Saskatoon (Centre) 1-800-274-8297

Your local Police Station
Your local First Nations Child and Family Services Agency